

Health, 2nd Edition • Lesson Plan Overview

Chapter 1: Let's Talk About Health

PPT Pres. PowerPoint Presentation

Pages	Objectives	Resources	Assessments
Section 1.1 Being Healthy and Happy			
6–10	<p>1.1.1 Define <i>health</i>.</p> <p>1.1.2 Relate physical, mental, and social health. BWS Identity (explain)</p> <p>1.1.3 Summarize general guidelines for nutrition, sleep, and physical activity.</p> <p>1.1.4 Compare personal health practices to research-based guidelines. BWS Discernment (explain)</p> <p>1.1.5 Describe the benefits of practicing healthy behaviors.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Section 1.1 Review Answers <p>BJU Press Trove*</p> <ul style="list-style-type: none"> • Video: <i>Let's Talk about Health</i> • Link: <i>Having a Healthy Lifestyle</i> • Link: <i>MyPlate</i> • PPT Pres.: Section 1.1 <p>Materials</p> <ul style="list-style-type: none"> • Personal Health Journals 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 1.1 Review
Section 1.2 Health Care			
11–16	<p>1.2.1 Define <i>health care</i>.</p> <p>1.2.2 Summarize the parts of the biblical ethics triad. BWS Ethics (explain)</p> <p>1.2.3 Compare the accessibility of health care in different communities.</p> <p>1.2.4 Analyze the relationship between access to health care and overall health.</p> <p>1.2.5 Create a proposal to advocate for health improvement. BWS Discernment (explain)</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Health and Ethics: <i>Biblical Ethics Triad</i> • Global Health on Mission: <i>Open Doors through Health Care</i> • Hands-On Health: <i>Local Accessibility Scenario</i> • Section 1.2 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Video: <i>Open Doors through Health Care</i> • Link: <i>Amazing Drone (through 4:25)</i> • PPT Pres.: Section 1.2 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 1.2 Review

*Digital resources for homeschool users are available on Homeschool Hub.

Pages	Objectives	Resources	Assessments
Section 1.3 Health and Risk			
17–20	<p>1.3.1 Explain the importance of regular medical and dental checkups, vaccinations, and examinations.</p> <p>1.3.2 Identify the warning signs that prompt people to seek health care.</p> <p>1.3.3 Identify ways genetics and family history can impact personal health.</p> <p>1.3.4 List the most common health risks.</p> <p>1.3.5 Describe refusal, negotiation, and collaboration skills to avoid or reduce health risks. BWS Relationships (explain)</p> <p>1.3.6 Apply refusal, negotiation, and collaboration skills to avoid or reduce health risks. BWS Relationships (apply)</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Section 1.3 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>Eradicating Polio</i> • Link: <i>Family History and Your Health</i> • PPT Pres.: Section 1.3 <p>Materials</p> <ul style="list-style-type: none"> • Personal Health Journals 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 1.3 Review <p>Teacher Edition</p> <ul style="list-style-type: none"> • Health Campaign Presentation
Section 1.4 Health Skills			
21–25	<p>1.4.1 Conduct a personal assessment of health and safety knowledge and skills.</p> <p>1.4.2 Evaluate health information, products, and services. BWS Discernment (evaluate)</p> <p>1.4.3 Demonstrate the correct method to locate and check a pulse.</p> <p>1.4.4 Demonstrate the correct method to check blood pressure.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Health and Media: <i>Evaluating Health Information</i> • Healthy Life Skills: <i>Pulse and Blood Pressure</i> • Section 1.4 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>Evaluating Health Information</i> • Link: <i>Fitness Trackers and Science</i> • PPT Pres.: Section 1.4 <p>Materials</p> <ul style="list-style-type: none"> • Personal Health Journals 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 1.4 Review
Chapter 1 Review			
26–27	<p>Explain what it means to be healthy.</p> <p>Evaluate the importance of health care as part of personal health.</p> <p>Apply essential knowledge of health and risk to healthy decision-making.</p> <p>Analyze sources of health information.</p> <p>Demonstrate basic health skills.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Chapter 1 Review Answers 	<p>Student Edition</p> <ul style="list-style-type: none"> • Chapter 1 Review
Chapter 1 Test			
	<p>Demonstrate knowledge of concepts from Chapter 1 by taking the test.</p>		<p>Assessments</p> <ul style="list-style-type: none"> • Chapter 1 Test <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Chapter 1 Test Bank

Chapter 2: Health and Safety

PPT Pres. PowerPoint Presentation

Pages	Objectives	Resources	Assessments
Section 2.1 Personal Care			
30–33	<p>2.1.1 Relate personal hygiene to personal health. BWS Identity (explain)</p> <p>2.1.2 Recommend personal preventive health measures.</p> <p>2.1.3 Recommend daily good oral hygiene habits.</p> <p>2.1.4 Recommend daily good personal hygiene, sleep, and rest habits.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Hands-On Health: <i>Plan for Daily Routines</i> • Section 2.1 Review Answers <p>BJU Press Trove*</p> <ul style="list-style-type: none"> • Video: <i>Health and Safety</i> • Link: <i>Importance of Flossing</i> • PPT Pres.: Section 2.1 <p>Materials</p> <ul style="list-style-type: none"> • Personal Health Journals 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 2.1 Review
Section 2.2 Assessing Risks			
34–35	<p>2.2.1 Evaluate personal susceptibility to injury based on behaviors.</p> <p>2.2.2 Analyze the potential severity of injury based on behaviors.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Section 2.2 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>Skydiving without a Parachute</i> • PPT Pres.: Section 2.2 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 2.2 Review
Section 2.3 Personal Safety			
36–43	<p>2.3.1 Describe ways to make the home safe.</p> <p>2.3.2 Evaluate personal susceptibility to injury inside the home based on behaviors.</p> <p>2.3.3 Propose ways to reduce or prevent injuries.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Healthy Life Skills: <i>Defensive Driving</i> • Case Study: <i>Concussion</i> • Section 2.3 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>Defensive Driving</i> • Link: <i>HEADS UP (CDC)</i> • Link: Concussion Information • PPT Pres.: Section 2.3 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 2.3 Review

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Pages	Objectives	Resources	Assessments
Section 2.4 CPR and First Aid			
44–55	<p>2.4.1 Explain the importance of universal precautions.</p> <p>2.4.2 Explain techniques for health care in crisis situations (including first aid and CPR). BWS Ethics (explain)</p> <p>2.4.3 Relate common first aid techniques to specific emergency situations.</p> <p>2.4.4 Summarize emergency care techniques (CPR and first aid).</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Health Careers: <i>Emergency Medical Technician</i> • Health and Ethics: <i>Modeling Using the Biblical Ethics Triad Strategy</i> • Section 2.4 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Video: <i>Emergency Medical Technician</i> • Link: <i>High School Student Uses CPR</i> • Link: <i>Good Samaritan Laws</i> • Link: <i>Teen Saves Choking Friend</i> • Link: <i>American Red Cross Training and Certification</i> • PPT Pres.: Section 2.4 <p>Materials</p> <ul style="list-style-type: none"> • EpiPen trainer 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 2.4 Review
Chapter 2 Review			
56–57	<p>Describe hygiene habits that lead to good health.</p> <p>Practice safety precautions that reduce injuries from accidents.</p> <p>Practice safety precautions that reduce injuries inside your home.</p> <p>Demonstrate how to provide assistance in an emergency.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Chapter 2 Review Answers 	<p>Student Edition</p> <ul style="list-style-type: none"> • Chapter 2 Review
Chapter 2 Test			
	<p>Demonstrate knowledge of concepts from Chapter 2 by taking the test.</p>		<p>Assessments</p> <ul style="list-style-type: none"> • Chapter 2 Test <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Chapter 2 Test Bank

Chapter 3: Your Brain and Mental Health

PPT Pres. PowerPoint Presentation

Pages	Objectives	Resources	Assessments
Section 3.1 Your Nervous System			
62–65	<p>3.1.1 Describe the major structures and functions of the nervous system.</p> <p>3.1.2 Explain ways the nervous system can affect overall health.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Healthy Life Skills: <i>Importance of Sleep for Teens</i> • Section 3.1 Review Answers <p>BJU Press Trove*</p> <ul style="list-style-type: none"> • Video: <i>Your Brain and Mental Health</i> • Link: <i>Nervous System Overview</i> • Link: <i>Effect of Caffeine on Sleep</i> • Link: <i>Coffee and Your Brain</i> • PPT Pres.: Section 3.1 <p>Materials</p> <ul style="list-style-type: none"> • Personal Health Journals 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 3.1 Review
Section 3.2 Personality and Self-Image			
66–69	<p>3.2.1 Describe personality and self-image. BWS Identity (explain)</p> <p>3.2.2 Evaluate views of personality and self-image. BWS Identity (evaluate)</p> <p>3.2.3 Relate personality and self-image to overall health. BWS Identity (formulate)</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Health and Media: <i>Who Am I?</i> • Section 3.2 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Video: <i>Who Am I?</i> • Link: <i>Personality Types</i> • PPT Pres.: Section 3.2 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 3.2 Review
Section 3.3 Stress and Your Response			
70–73	<p>3.3.1 Describe the effects of stress on health.</p> <p>3.3.2 Analyze how the body reacts to stressful situations.</p> <p>3.3.3 Design a plan to manage stress according to biblical principles. BWS Virtue (formulate)</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Hands-On Health: <i>Time Management Project</i> • Section 3.3 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>Stress and Your Body</i> • PPT Pres.: Section 3.3 <p>Materials</p> <ul style="list-style-type: none"> • Personal Health Journals 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 3.3 Review

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Pages	Objectives	Resources	Assessments
Chapter 3 Review			
74–75	Relate the nervous system to health. Formulate a self-image based on biblical principles. Propose healthy ways to manage stress according to biblical principles.	Teacher Edition • Chapter 3 Review Answers	Student Edition • Chapter 3 Review
Chapter 3 Test			
	Demonstrate knowledge of concepts from Chapter 3 by taking the test.		Assessments • Chapter 3 Test BJU Press Trove • Chapter 3 Test Bank

Chapter 4: Managing Your Mind

PPT Pres. PowerPoint Presentation

Pages	Objectives	Resources	Assessments
Section 4.1 Mental Disorders			
78–90	<p>4.1.1 Identify symptoms of common mental health conditions.</p> <p>4.1.2 Summarize the causes, harmful effects, and treatments of mental health conditions.</p> <p>4.1.3 Compare the medical and biblical models of diagnosis and treatment of mental disorders. BWS Virtue (evaluate)</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Health Career: Biblical Counselor • Case Study: Anxiety Disorder • Case Study: Depression • Case Study: PTSD • Hands-On Health: Biblical Counseling Plan • Section 4.1 Review Answers <p>BJU Press Trove*</p> <ul style="list-style-type: none"> • Video: Managing Your Mind • Video: Biblical Counselor • PPT Pres.: Section 4.1 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 4.1 Review
Section 4.2 Managing Mental Health			
91–95	<p>4.2.1 Relate mental health to physical health.</p> <p>4.2.2 Identify strategies to manage symptoms of depression and loss. BWS Virtue (explain)</p> <p>4.2.3 Identify behaviors of people considering suicide.</p> <p>4.2.4 Suggest methods of counseling people considering suicide. BWS Ethics (apply)</p> <p>4.2.5 Design a plan for maintaining good mental health that prioritizes biblical practices. BWS Virtue (formulate)</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Healthy Life Skills: Daily Quiet Time • Health and Ethics: Is Suicide Ethical? • Section 4.2 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: Overcoming Depression • PPT Pres.: Section 4.2 <p>Materials</p> <ul style="list-style-type: none"> • Personal Health Journals 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 4.2 Review
Chapter 4 Review			
96–97	<p>Propose a biblical approach to the treatment of mental disorders.</p> <p>Develop habits that will promote good mental health.</p> <p>Formulate a biblical position on the issue of suicide.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Chapter 4 Review Answers 	<p>Student Edition</p> <ul style="list-style-type: none"> • Chapter 4 Review

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Pages	Objectives	Resources	Assessments
Chapter 4 Test			
	Demonstrate knowledge of concepts from Chapter 4 by taking the test.		Assessments <ul style="list-style-type: none"> • Chapter 4 Test BJU Press Trove <ul style="list-style-type: none"> • Chapter 4 Test Bank

Chapter 5: Digestion

PPT Pres. PowerPoint Presentation

Pages	Objectives	Resources	Assessments
Section 5.1 Your Digestive System			
102–5	<p>5.1.1 Describe the major structures and functions of the digestive system.</p> <p>5.1.2 Summarize how the digestive system can affect overall health.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Hands-On Health: Choking • Section 5.1 Review Answers <p>BJU Press Trove*</p> <ul style="list-style-type: none"> • Video: Digestive Health • Link: Saving a Choking Victim • PPT Pres.: Section 5.1 <p>Materials</p> <ul style="list-style-type: none"> • Personal Health Journals 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 5.1 Review
Section 5.2 Maintaining Digestive Health			
106–8	<p>5.2.1 Summarize what good digestive health means.</p> <p>5.2.2 Develop a plan to maximize digestive health.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Healthy Life Skills: Food Safety • Section 5.2 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: Gut Health • Link: Foodborne Illness Prevention • PPT Pres.: Section 5.2 <p>Materials</p> <ul style="list-style-type: none"> • Personal Health Journals 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 5.2 Review
Section 5.3 Your Urinary System			
109–11	<p>5.3.1 Describe the major structures and functions of the urinary system.</p> <p>5.3.2 Summarize ways the urinary system can affect overall health.</p> <p>5.3.3 Formulate an argument regarding organ donation. BWS Ethics (formulate)</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Health and Ethics: Organ Donation • Appendix: Ethics Writing Rubric • Section 5.3 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: How Does Dialysis Work? • Additional Resource: Ethics Writing Rubric • PPT Pres.: Section 5.3 <p>Materials</p> <ul style="list-style-type: none"> • Personal Health Journals 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 5.3 Review

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Pages	Objectives	Resources	Assessments
Chapter 5 Review			
112–13	Describe how the digestive system affects health. Propose ways to improve digestive health. Describe how the urinary system affects health. Write a letter to persuade a reader regarding the issue of organ donation.	Teacher Edition • Chapter 5 Review Answers	Student Edition • Chapter 5 Review
Chapter 5 Test			
	Demonstrate knowledge of concepts from Chapter 5 by taking the test.		Assessments • Chapter 5 Test BJU Press Trove • Chapter 5 Test Bank

Chapter 6: Nutrition

PPT Pres. PowerPoint Presentation

Pages	Objectives	Resources	Assessments
Section 6.1 Macronutrients			
116–22	<p>6.1.1 Relate identity to healthy food choices. BWS Identity (explain)</p> <p>6.1.2 Define <i>macronutrients</i>.</p> <p>6.1.3 Explain the functions of different types of macronutrients.</p> <p>6.1.4 Relate the importance of staying hydrated to overall health.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Health Careers: <i>Registered Dietitian</i> • Hands-On Health: <i>Hidden in Plain Sight!</i> • Section 6.1 Review Answers <p>BJU Press Trove*</p> <ul style="list-style-type: none"> • Video: <i>Nutrition</i> • Video: <i>Registered Dietitian</i> • PPT Pres.: Section 6.1 <p>Materials</p> <ul style="list-style-type: none"> • Personal Health Journals 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 6.1 Review
Section 6.2 Micronutrients			
123–32	<p>6.2.1 Define <i>micronutrients</i>.</p> <p>6.2.2 List the different types of micronutrients.</p> <p>6.2.3 Explain the body's need for vitamins and minerals.</p> <p>6.2.4 Classify different foods by their micronutrient content.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Global Health on Mission: <i>Vitamin Deficiencies</i> • Section 6.2 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>Macronutrients and Micronutrients</i> • Link: <i>How Vitamins Work</i> • PPT Pres.: Section 6.2 <p>Materials</p> <ul style="list-style-type: none"> • Personal Health Journals 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 6.2 Review
Section 6.3 Healthy Food Choices			
133–37	<p>6.3.1 Explain why eating a variety of foods and controlling portion sizes are important for health.</p> <p>6.3.2 Relate nutrition to a person's health, wellness, and lifestyle. BWS Identity (explain)</p> <p>6.3.3 Explain how a person can use the information on nutrition facts labels to make healthy food choices.</p> <p>6.3.4 Create a healthy meal plan for one day, taking into consideration the daily recommendations for calories, fat, cholesterol, carbohydrates, proteins, vitamins, and minerals. BWS Ethics (apply)</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Health and Media: <i>Dieting</i> • Healthy Life Skills: <i>Meal Planning</i> • Section 6.3 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Video: <i>Fad Diet, Bad Diet?</i> • Link: <i>Long Eared Drifter</i> • PPT Pres.: Section 6.3 <p>Materials</p> <ul style="list-style-type: none"> • Personal Health Journals 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 6.3 Review

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Pages	Objectives	Resources	Assessments
Chapter 6 Review			
138–39	Describe the role of macronutrients in the body. Describe the role of micronutrients in the body. Explain the role that healthy food and hydration choices play in overall health.	Teacher Edition • Chapter 6 Review Answers	Student Edition • Chapter 6 Review
Chapter 6 Test			
	Demonstrate knowledge of concepts from Chapter 6 by taking the test.		Assessments • Chapter 6 Test BJU Press Trove • Chapter 6 Test Bank

Chapter 7: Fitness

PPT Pres. PowerPoint Presentation

Pages	Objectives	Resources	Assessments
Section 7.1 Your Skeletal and Muscular Systems			
142–46	<p>7.1.1 Describe the major structures and functions of the skeletal and muscular systems.</p> <p>7.1.2 Analyze ways your skeletal and muscular systems can affect your overall health.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Hands-On Health: <i>First Aid for Sports-Related Injuries</i> • Section 7.1 Review Answers <p>BJU Press Trove*</p> <ul style="list-style-type: none"> • Video: <i>Fitness</i> • PPT Pres.: Section 7.1 <p>Materials</p> <ul style="list-style-type: none"> • Cold pack • Thin towel for wrapping cold pack • Compression bandage 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 7.1 Review
Section 7.2 Your Cardiovascular and Pulmonary Systems			
147–51	<p>7.2.1 Describe the major structures and functions of the cardiovascular and pulmonary systems.</p> <p>7.2.2 Analyze ways your cardiovascular and pulmonary systems can affect your overall health.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Section 7.2 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>Effects of Exercise on the Body</i> • PPT Pres.: Section 7.2 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 7.2 Review
Section 7.3 Fitness and Exercise			
152–55	<p>7.3.1 Explain the physical, mental, social, and academic benefits of physical activity.</p> <p>7.3.2 Explain the relationship between a sedentary lifestyle and chronic disease.</p> <p>7.3.3 Compile valid information and local options regarding types of physical activity. BWS Discernment (explain)</p> <p>7.3.4 Analyze options for physical activity and overall health.</p> <p>7.3.5 Assess personal choices in physical activity. BWS Discernment (evaluate)</p> <p>7.3.6 Create a one-week exercise plan that meets recommended guidelines. BWS Discernment (formulate)</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Hands-On Health: <i>A Plan for Physical Activity</i> • Health Careers: <i>Athletic Trainer</i> • Section 7.3 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Video: <i>Athletic Trainer</i> • Link: <i>Physical Activity Guidelines for Adolescents</i> • PPT Pres.: Section 7.3 <p>Materials</p> <ul style="list-style-type: none"> • Personal Health Journals 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 7.3 Review

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Pages	Objectives	Resources	Assessments
Chapter 7 Review			
156–57	<p>Summarize the parts of the skeletal and muscular systems.</p> <p>Summarize the parts of the cardiovascular and pulmonary systems.</p> <p>Describe the importance of exercise in relation to overall health.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Chapter 7 Review Answers 	<p>Student Edition</p> <ul style="list-style-type: none"> • Chapter 7 Review
Chapter 7 Test			
	<p>Demonstrate knowledge of concepts from Chapter 7 by taking the test.</p>		<p>Assessments</p> <ul style="list-style-type: none"> • Chapter 7 Test <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Chapter 7 Test Bank

Chapter 8: Infectious Diseases

PPT Pres. PowerPoint Presentation

Pages	Objectives	Resources	Assessments
Section 8.1 Your Immune System			
162–66	<p>8.1.1 Explain the origin of disease. BWS Identity (explain)</p> <p>8.1.2 Describe the major structures and functions of the immune system.</p> <p>8.1.3 Summarize ways the immune system can affect overall health.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Global Health on Mission: <i>COVID-19 Pandemic</i> • Section 8.1 Review Answers <p>BJU Press Trove*</p> <ul style="list-style-type: none"> • Video: <i>Infectious Diseases</i> • Video: <i>COVID-19 Pandemic</i> • Link: <i>The Immune System</i> • PPT Pres.: Section 8.1 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 8.1 Review
Section 8.2 Maintaining Healthy Immunity			
167–69	<p>8.2.1 Describe ways to keep the immune system functioning properly.</p> <p>8.2.2 Propose a plan to reduce risks to the immune system.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Health Careers: <i>Epidemiologist</i> • Healthy Life Skills: <i>Safeguarding Your Immune System</i> • Section 8.2 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Video: <i>Epidemiologist</i> • PPT Pres.: Section 8.2 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 8.2 Review
Section 8.3 Disease Prevention			
170–73	<p>8.3.1 Summarize the types of pathogens that cause disease.</p> <p>8.3.2 Examine the causes and symptoms of communicable (infectious) and noncommunicable (noninfectious) diseases. BWS Identity (explain)</p> <p>8.3.3 Propose strategies to prevent communicable (infectious) and noncommunicable (noninfectious) diseases. BWS Identity (apply)</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Hands-On Health: <i>Am I Contagious?</i> • Section 8.3 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>Cholera Epidemic of 1854</i> • PPT Pres.: Section 8.3 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 8.3 Review

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Pages	Objectives	Resources	Assessments
Chapter 8 Review			
174–75	Summarize how the immune system works. Formulate strategies to keep the immune system healthy. Develop a plan of healthy behaviors to limit the spread of diseases.	Teacher Edition • Chapter 8 Review Answers	Student Edition • Chapter 8 Review
Chapter 8 Test			
	Demonstrate knowledge of concepts from Chapter 8 by taking the test.		Assessments • Chapter 8 Test BJU Press Trove • Chapter 8 Test Bank

Chapter 9: Chronic Diseases

PPT Pres. PowerPoint Presentation

Pages	Objectives	Resources	Assessments
Section 9.1 Cardiovascular Diseases			
178–80	<p>9.1.1 Describe the most common cardiovascular diseases.</p> <p>9.1.2 Summarize personal risk factors for heart disease, high blood pressure, high cholesterol, and stroke.</p> <p>9.1.3 Construct a health plan to reduce the risk of developing cardiovascular diseases.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Case Study: <i>Primordial CVD Prevention</i> • Section 9.1 Review Answers <p>BJU Press Trove*</p> <ul style="list-style-type: none"> • Video: <i>Chronic Diseases</i> • Link: <i>Stroke</i> • Link: <i>Heart Disease Risk Factors</i> • Link: <i>Silent Killer</i> • PPT Pres.: Section 9.1 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 9.1 Review
Section 9.2 Cancer			
181–84	<p>9.2.1 Explain what causes cancer. BWS Identity (evaluate)</p> <p>9.2.2 Describe common types and symptoms of cancer.</p> <p>9.2.3 Summarize risk factors and prevention strategies for common types of cancer.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Health and Media: <i>Positive Use of Social Media</i> • Section 9.2 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>Cancer Cell Growth</i> • Link: <i>Cancer Prevalence</i> • PPT Pres.: Section 9.2 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 9.2 Review
Section 9.3 Respiratory Diseases			
185–87	<p>9.3.1 Explain what causes respiratory diseases.</p> <p>9.3.2 Describe common types and symptoms of respiratory diseases.</p> <p>9.3.3 Compare asthma to COPD.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Section 9.3 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>Common Respiratory Diseases</i> • PPT Pres.: Section 9.3 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 9.3 Review

*Digital resources for homeschool users are available on Homeschool Hub.

Pages	Objectives	Resources	Assessments
Section 9.4 Diabetes			
188–91	<p>9.4.1 Explain the different types of diabetes.</p> <p>9.4.2 Examine personal risk factors for diabetes.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Healthy Life Skills: <i>Making Health-Conscious Food Choices</i> • Section 9.4 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>What Is Diabetes?</i> • Link: <i>Testing Blood Glucose</i> • Link: <i>The Future of Blood Glucose Testing</i> • PPT Pres.: Section 9.4 <p>Materials</p> <ul style="list-style-type: none"> • Personal Health Journals • Wall signs: Type 1, Type 2, Gestational, Prediabetes • Blood glucose meter • Blood glucose test strips • Lancet 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 9.4 Review
Section 9.5 Autoimmune Diseases			
192–95	<p>9.5.1 Describe the most common autoimmune diseases.</p> <p>9.5.2 Describe personal risk factors for common autoimmune diseases.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Hands-On Health: <i>Autoimmune Diseases</i> • Section 9.5 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>Autoimmune Diseases</i> • PPT Pres.: Section 9.5 <p>Materials</p> <ul style="list-style-type: none"> • Wall signs: Lupus, Graves' Disease, Crohn's Disease, Rheumatoid Arthritis, Multiple Sclerosis, Psoriasis 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 9.5 Review
Chapter 9 Review			
196–97	<p>Assess personal risks for developing chronic diseases.</p> <p>Develop healthy habits that could prevent or manage chronic diseases.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Chapter 9 Review Answers 	<p>Student Edition</p> <ul style="list-style-type: none"> • Chapter 9 Review
Chapter 9 test			
	<p>Demonstrate knowledge of concepts from Chapter 9 by taking the test.</p>		<p>Assessments</p> <ul style="list-style-type: none"> • Chapter 9 Test <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Chapter 9 Test Bank

Chapter 10: Disabilities

PPT Pres. PowerPoint Presentation

Pages	Objectives	Resources	Assessments
Section 10.1 Impairment			
200–202	<p>10.1.1 Explain the terms <i>impairment</i>, <i>activity</i>, and <i>participation</i> as they relate to a disability.</p> <p>10.1.2 State the intended purpose of the Americans with Disabilities Act.</p> <p>10.1.3 Evaluate a situation involving disability and recommend an appropriate accommodation.</p> <p>10.1.4 Summarize a biblical view of disabilities. BWS Identity (explain)</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Section 10.1 Review Answers <p>BJU Press Trove*</p> <ul style="list-style-type: none"> • Video: <i>Disabilities</i> • Link: <i>The Americans with Disabilities Act</i> • PPT Pres.: Section 10.1 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 10.1 Review
Section 10.2 Cognitive Disabilities			
203–6	<p>10.2.1 Describe common types of cognitive disabilities.</p> <p>10.2.2 Define <i>assistive technology</i>.</p> <p>10.2.3 Suggest possible accommodations for people with cognitive disabilities.</p> <p>10.2.4 Evaluate prenatal discrimination against those with intellectual disabilities. BWS Identity (evaluate)</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Section 10.2 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>Dyslexia: Dr. John Rhodes</i> • PPT Pres.: Section 10.2 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 10.2 Review
Section 10.3 Sensory Disabilities			
207–11	<p>10.3.1 Describe common types of hearing disabilities.</p> <p>10.3.2 Describe common types of visual disabilities.</p> <p>10.3.3 Describe ways to prevent traumatic sensory disabilities.</p> <p>10.3.4 Suggest possible accommodations for people with hearing or visual disabilities.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Healthy Life Skills: <i>Sensory Preservation</i> • Health Careers: <i>Occupational Therapist</i> • Section 10.3 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Video: <i>Occupational Therapist</i> • Link: <i>Interacting with Individuals Who Are Deaf or Hard of Hearing</i> • Link: <i>Interacting with a Person Who Is Blind</i> • PPT Pres.: Section 10.3 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 10.3 Review

*Digital resources for homeschool users are available on Homeschool Hub.

Pages	Objectives	Resources	Assessments
Section 10.4 Physical Disabilities			
212–15	<p>10.4.1 Describe common types of physical disabilities.</p> <p>10.4.2 Evaluate the availability of assistive technology for people with physical disabilities.</p> <p>10.4.3 Explain a biblical basis for the inclusion of people with physical disabilities. BWS Relationships (explain)</p> <p>10.4.4 Synthesize a biblically balanced approach to a specific disability based on the strengths of the medical and social models of disability, using the biblical ethics triad. BWS Ethics (formulate)</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Hands-On Health: <i>Disability-Specific Assistive Technology</i> • Health and Ethics: <i>Disability: Pathology or Diversity?</i> • Appendix: <i>Ethics Writing Rubric</i> • Section 10.4 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>Assistive Technology - Musical Instruments</i> • Link: <i>Physical Disabilities</i> • Additional Resource: <i>Ethics Writing Rubric</i> • PPT Pres.: Section 10.4 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 10.4 Review
Chapter 10 Review			
216–17	<p>Summarize a biblical view of disabilities.</p> <p>Describe the three main types of disabilities.</p> <p>Evaluate the products, services, and technology available to people with disabilities.</p> <p>Research accommodations for people with disabilities.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Chapter 10 Review Answers 	<p>Student Edition</p> <ul style="list-style-type: none"> • Chapter 10 Review
Chapter 10 Test			
	<p>Demonstrate knowledge of concepts from Chapter 10 by taking the test.</p>		<p>Assessments</p> <ul style="list-style-type: none"> • Chapter 10 Test <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Chapter 10 Test Bank

Chapter 11: Medication Use

PPT Pres. PowerPoint Presentation

Pages	Objectives	Resources	Assessments
Section 11.1 Medication			
222–25	<p>11.1.1 Describe the uses and classifications of medications.</p> <p>11.1.2 Explain why some medications require a prescription.</p> <p>11.1.3 Interpret a prescription label.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Health Careers: <i>Pharmacist</i> • Healthy Life Skills: <i>Reading a Prescription Label</i> • Section 11.1 Review Answers <p>BJU Press Trove*</p> <ul style="list-style-type: none"> • Video: <i>Medication Use</i> • Video: <i>Pharmacist</i> • Link: <i>Reading a Prescription-Medication Label</i> • PPT Pres.: Section 11.1 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 11.1 Review
Section 11.2 Safe Use of Medication			
226–28	<p>11.2.1 Describe the connection between the proper and safe use of prescription medications and overall health. BWS Discernment (explain)</p> <p>11.2.2 Summarize the potential negative effects of combining medications, including prescription and OTC.</p> <p>11.2.3 Recommend strategies to help ensure the safe use of prescription and OTC medications.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Hands-On Health: <i>First Aid for Poisoning</i> • Section 11.2 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>Grapefruit Juice and Medication</i> • Link: <i>Common Household Poisons</i> • PPT Pres.: Section 11.2 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 11.2 Review
Section 11.3 Abuse and Misuse of Prescription Medication			
229–33	<p>11.3.1 Describe the abuse of prescription medications.</p> <p>11.3.2 Describe treatment plans for drug addiction.</p> <p>11.3.3 Analyze strategies that minimize health-risk behaviors like the misuse of prescription medications.</p> <p>11.3.4 Evaluate the influence of culture and society on the misuse and abuse of prescription medications in school, sports, or entertainment. BWS Discernment (evaluate)</p> <p>11.3.5 Defend the proper use of prescription medications. BWS Ethics (formulate)</p> <p>11.3.6 Propose strategies for preventing the misuse of prescription medications.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Health and Ethics: <i>Stimulating Academic Performance</i> • Appendix: <i>Ethics Writing Rubric</i> • Section 11.3 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>Substance Use Prevention Resources</i> • Link: <i>Addiction Recovery Resources</i> • Link: <i>Defining Addiction</i> • Link: <i>Describing Addiction</i> • Additional Resource: <i>Ethics Writing Rubric</i> • PPT Pres.: Section 11.3 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 11.3 Review

*Digital resources for homeschool users are available on Homeschool Hub.

Pages	Objectives	Resources	Assessments
Chapter 11 Review			
234–35	<p>Explain how medications work to improve health.</p> <p>Predict the consequences of taking medications in a way that is not prescribed.</p> <p>Propose a strategy to encourage people to use prescription medications properly.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Chapter 11 Review Answers 	<p>Student Edition</p> <ul style="list-style-type: none"> • Chapter 11 Review
Chapter 11 Test			
	<p>Demonstrate knowledge of concepts from Chapter 11 by taking the test.</p>		<p>Assessments</p> <ul style="list-style-type: none"> • Chapter 11 Test <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Chapter 11 Test Bank

Chapter 12: Substance Abuse

PPT Pres. PowerPoint Presentation

Pages	Objectives	Resources	Assessments
Section 12.1 Alcohol			
238–41	<p>12.1.1 Relate alcohol use to risk-taking behavior.</p> <p>12.1.2 Evaluate the strategies used to market alcohol.</p> <p>12.1.3 Describe the health benefits of abstaining from or discontinuing the use of alcohol.</p> <p>12.1.4 Assess the impact of alcohol on the individual, family, and society. BWS Relationships (evaluate)</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Section 12.1 Review Answers <p>BJU Press Trove*</p> <ul style="list-style-type: none"> • Video: <i>Substance Abuse</i> • Link: <i>Alcohol Marketing to Kids</i> • PPT Pres.: Section 12.1 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 12.1 Review
Section 12.2 Nicotine			
242–47	<p>12.2.1 Identify the health benefits of abstaining from or discontinuing the use of tobacco and e-cigarettes.</p> <p>12.2.2 Examine the negative impact of tobacco and e-cigarette use.</p> <p>12.2.3 Evaluate strategies to discourage the use of tobacco and e-cigarettes.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Health and Media: <i>Marketing to Teens</i> • Hands-On Health: <i>Vaping</i> • Section 12.2 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Video: <i>Vaping and E-cigs</i> • Link: <i>E-Cigarette Facts</i> • Link: <i>Vaping and E-Cigarette Usage</i> • Link: <i>Summary of Vaping and E-Cigarettes</i> • PPT Pres.: Section 12.2 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 12.2 Review
Section 12.3 Illegal Drugs			
248–53	<p>12.3.1 Relate risk-taking to the dangerous consequences of using illegal drugs.</p> <p>12.3.2 Describe the health benefits of abstaining from or discontinuing the use of illegal drugs.</p> <p>12.3.3 Examine the negative impact of illegal-drug use.</p> <p>12.3.4 Formulate a position on marijuana use. BWS Ethics (formulate)</p> <p>12.3.5 Demonstrate communication skills to resist negative peer pressure. BWS Relationships (apply)</p> <p>12.3.6 Explain how positive role models can influence teenagers to avoid substance abuse. BWS Relationships (explain)</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Health and Ethics: <i>Marijuana Use</i> • Healthy Life Skills: <i>Refusal Skills</i> • Appendix: <i>Ethics Writing Rubric</i> • Section 12.3 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Additional Resource: <i>Ethics Writing Rubric</i> • PPT Pres.: Section 12.3 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 12.3 Review

*Digital resources for homeschool users are available on Homeschool Hub.

Pages	Objectives	Resources	Assessments
Chapter 12 Review			
254–55	Describe the health benefits of abstaining from addictive substances. Describe ways to avoid peer pressure to use addictive substances. Analyze the harmful effects of addictive substances.	Teacher Edition • Chapter 12 Review Answers	Student Edition • Chapter 12 Review
Chapter 12 Test			
	Demonstrate knowledge of concepts from Chapter 12 by taking the test.		Assessments • Chapter 12 Test BJU Press Trove • Chapter 12 Test Bank

Chapter 13: Reproductive Health

PPT Pres. PowerPoint Presentation

Pages	Objectives	Resources	Assessments
Section 13.1 Your Endocrine System			
260–63	<p>13.1.1 Describe the major structures and functions of the endocrine system.</p> <p>13.1.2 Describe the causes and symptoms of thyroid disorders.</p> <p>13.1.3 Explain how the endocrine system can affect overall health.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Section 13.1 Review Answers <p>BJU Press Trove*</p> <ul style="list-style-type: none"> • Video: <i>Reproductive Health</i> • Link: <i>Endocrine System Basics</i> • Link: <i>Hyperthyroidism and Hypothyroidism</i> • Link: <i>Thyroid Diseases</i> • PPT Pres.: Section 13.1 <p>Materials</p> <ul style="list-style-type: none"> • Personal Health Journals 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 13.1 Review
Section 13.2 Your Reproductive System			
264–69	<p>13.2.1 Describe the major structures and functions of the reproductive system.</p> <p>13.2.2 Relate the endocrine and reproductive systems.</p> <p>13.2.3 Evaluate modern views of gender. BWS Identity (evaluate)</p> <p>13.2.4 Formulate a biblical view of gender. BWS Identity (formulate)</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Hands-On Health: <i>Gender Roles</i> • Section 13.2 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Video: <i>Gender Roles</i> • PPT Pres.: Section 13.2 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 13.2 Review
Section 13.3 Your Reproductive Health			
270–73	<p>13.3.1 Describe the purpose and phases of a woman’s menstrual cycle.</p> <p>13.3.2 Explain how birth control works.</p> <p>13.3.3 Formulate a biblical position on the use of birth control. BWS Ethics (formulate)</p> <p>13.3.4 Defend abstinence before marriage, using biblical principles. BWS Virtue (apply)</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Health and Ethics: <i>Birth Control</i> • Healthy Life Skills: <i>Abstinence</i> • Appendix: <i>Ethics Writing Rubric</i> • Section 13.3 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>Menstrual Cycle</i> • Link: <i>Phases of the Menstrual Cycle</i> • Link: <i>A Biblical Look at Sexuality</i> • Link: <i>Staying Pure Resources</i> • Additional Resource: <i>Ethics Writing Rubric</i> • PPT Pres.: Section 13.3 <p>Materials</p> <ul style="list-style-type: none"> • Personal Health Journal • <i>Help! I Want to Stay Pure</i> by Zach Sparkman 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 13.3 Review

*Digital resources for homeschool users are available on Homeschool Hub.

Pages	Objectives	Resources	Assessments
Chapter 13 Review			
274–75	Relate the endocrine system to overall health. Relate the reproductive system to overall health. Evaluate the different components of reproductive health.	Teacher Edition • Chapter 13 Review Answers	Student Edition • Chapter 13 Review
Chapter 13 Test			
	Demonstrate knowledge of concepts from Chapter 13 by taking the test.		Assessments • Chapter 13 Test BJU Press Trove • Chapter 13 Test Bank

Chapter 14: Human Development

PPT Pres. PowerPoint Presentation

Pages	Objectives	Resources	Assessments
Section 14.1 Pregnancy, Birth, and Infancy			
278–84	<p>14.1.1 Describe human development from conception through birth.</p> <p>14.1.2 Explain the importance of prenatal care and proper nutrition for mother and baby.</p> <p>14.1.3 Describe the harmful effects of certain substances on an unborn baby.</p> <p>14.1.4 Describe the common milestones during infancy.</p> <p>14.1.5 Formulate a position regarding abortion. BWS Ethics (formulate)</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Global Health on Misson: <i>Fetal and Maternal Health</i> • Hands-On Health: <i>Infant CPR</i> • Health and Ethics: <i>Abortion</i> • Appendix: <i>Ethics Writing Rubric</i> • Section 14.1 Review Answers <p>BJU Press Trove*</p> <ul style="list-style-type: none"> • Video: <i>Human Development</i> • Video: <i>Prenatal Health</i> • Link: <i>A Look at Life in the Womb</i> • Link: <i>Should I Become CPR-Certified?</i> • Additional Resource: <i>Ethics Writing Rubric</i> • PPT Pres.: Section 14.1 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 14.1 Review
Section 14.2 Childhood			
285–87	<p>14.2.1 Describe stages of childhood development.</p> <p>14.2.2 Describe common childhood milestones.</p> <p>14.2.3 Explain the importance of family and peer relationships. BWS Relationships (explain)</p> <p>14.2.4 Propose ways to maximize childhood health.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Health Careers: <i>Pediatrician</i> • Section 14.2 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Video: <i>Pediatrician</i> • Link: <i>The First Five Years</i> • PPT Pres.: Section 14.2 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 14.2 Review
Section 14.3 Adolescence			
288–91	<p>14.3.1 Describe physical changes that occur during adolescence.</p> <p>14.3.2 Describe social and emotional changes that occur during adolescence. BWS Identity (explain)</p> <p>14.3.3 Explain cognitive development during adolescence.</p> <p>14.3.4 Propose ways to maximize adolescent health.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Health and Media: <i>Pornography</i> • Section 14.3 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>Brain Development</i> • PPT Pres.: Section 14.3 <p>Materials</p> <ul style="list-style-type: none"> • Personal Health Journals 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 14.3 Review

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Pages	Objectives	Resources	Assessments
Section 14.4 Early Adulthood			
292–94	<p>14.4.1 Describe important life skills that adults need to develop.</p> <p>14.4.2 Explain God’s design for marriage and family in relation to the Creation Mandate. BWS Relationships (explain)</p> <p>14.4.3 Describe the most common causes of infertility.</p> <p>14.4.4 Evaluate the role of adoption, fostering, and IVF in cases of infertility. BWS Ethics (evaluate)</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Section 14.4 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>God’s Intent for Marriage</i> • Link: <i>Elijah’s Adoption</i> • PPT Pres.: Section 14.4 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 14.4 Review
Section 14.5 Adulthood			
295–97	<p>14.5.1 Describe the three stages of adulthood.</p> <p>14.5.2 Explain the importance of a support system for an older adult. BWS Relationships (explain)</p> <p>14.5.3 Assess the importance of various nutrients for the aging adult.</p> <p>14.5.4 Propose ways to maximize adult health.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Healthy Life Skills: <i>The Importance of Support for Older Adults</i> • Section 14.5 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>The Health Risks of Social Isolation in Older People</i> • Link: <i>How to Navigate Loneliness as an Older Adult</i> • PPT Pres.: Section 14.5 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 14.5 Review
Chapter 14 Review			
298–99	<p>Describe the physical changes that happen from conception through adulthood.</p> <p>Describe the significant milestones commonly achieved during different stages of life.</p> <p>Propose ways to maximize health during different stages of life.</p> <p>Relate family and peer relationships to overall health.</p> <p>Apply biblical worldview principles to common pregnancy practices.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Chapter 14 Review Answers 	<p>Student Edition</p> <ul style="list-style-type: none"> • Chapter 14 Review
Chapter 14 Test			
	<p>Demonstrate knowledge of concepts from Chapter 14 by taking the test.</p>		<p>Assessments</p> <ul style="list-style-type: none"> • Chapter 14 Test <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Chapter 14 Test Bank

Chapter 15: Health and Life Management

PPT Pres. PowerPoint Presentation

Pages	Objectives	Resources	Assessments
Section 15.1 Money Management			
304–8	<p>15.1.1 Describe various methods of creating a budget.</p> <p>15.1.2 Describe obstacles to living on a budget.</p> <p>15.1.3 Analyze what the Bible says about money. BWS Virtue/Discernment (explain)</p> <p>15.1.4 Create a monthly budget.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Hands-On Health: <i>Create a Monthly Budget</i> • Section 15.1 Review Answers <p>BJU Press Trove*</p> <ul style="list-style-type: none"> • Video: <i>Health and Life Management</i> • Video: <i>Impulse Buying</i> • Link: <i>Budgeting Systems</i> • Link: <i>Challenges to Budgeting</i> • Link: <i>Budget Challenge</i> • Link: <i>Credit Card Basics</i> • Link: <i>Credit Card Pros and Cons</i> • Link: <i>Credit Cards</i> • Link: <i>On Credit Cards</i> • Link: <i>Credit Card Benefits and Risks</i> • Link: <i>Making a Budget</i> • Link: <i>Budgeting Basics</i> • Link: <i>Budgeting Tips</i> • PPT Pres.: Section 15.1 <p>Materials</p> <ul style="list-style-type: none"> • Various bills (utilities, mortgage/rent, groceries, insurance, etc.) 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 15.1 Review
Section 15.2 Decision-Making			
309–13	<p>15.2.1 Describe a process to make wise decisions. BWS Discernment (explain)</p> <p>15.2.2 Describe barriers to healthy decision-making.</p> <p>15.2.3 Relate character and motivation to true success. BWS Virtue (explain)</p> <p>15.2.4 Evaluate a situation to determine whether a decision should be made by an individual or by seeking counsel.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Section 15.2 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • PPT Pres.: Section 15.2 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 15.2 Review

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Pages	Objectives	Resources	Assessments
Section 15.3 Interpersonal Skills			
314–16	<p>15.3.1 Describe communication skills in building and maintaining healthy relationships.</p> <p>15.3.2 Analyze effective communication skills that enhance health. BWS Relationships (explain)</p> <p>15.3.3 Propose ways to demonstrate empathy toward others.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Healthy Life Skills: <i>Interviewing for a Job</i> • Section 15.3 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>Communication Process</i> • Link: <i>Successful Communication</i> • Link: <i>Why We Miscommunicate</i> • PPT Pres.: Section 15.3 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 15.3 Review
Section 15.4 Coping Skills			
317–19	<p>15.4.1 Describe resilience and positive coping strategies.</p> <p>15.4.2 Demonstrate effective communication skills in asking for assistance from parents, guardians, and medical professionals in order to enhance health. BWS Relationships (apply)</p> <p>15.4.3 Develop a plan to deal with disappointment and loss.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Section 15.4 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>Learning Resilience</i> • Link: <i>Coping Strategies</i> • Link: <i>Resilience Skills</i> • Link: <i>Emotional Resilience</i> • Link: <i>Getting Help</i> • Link: <i>Getting an Adult Involved</i> • Link: <i>Coping Skills</i> • PPT Pres.: Section 15.4 <p>Materials</p> <ul style="list-style-type: none"> • Personal Health Journals 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 15.4 Review
Chapter 15 Review			
320–21	<p>Create a practical budget based on biblical principles.</p> <p>Evaluate decisions according to biblical principles.</p> <p>Propose ways to have healthy communication with others.</p> <p>Develop a plan for coping with difficult situations.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Chapter 15 Review Answers 	<p>Student Edition</p> <ul style="list-style-type: none"> • Chapter 15 Review
Chapter 15 Test			
	<p>Demonstrate knowledge of concepts from Chapter 15 by taking the test.</p>		<p>Assessments</p> <ul style="list-style-type: none"> • Chapter 15 Test <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Chapter 15 Test Bank

Chapter 16: Social Health

PPT Pres. PowerPoint Presentation

Pages	Objectives	Resources	Assessments
Section 16.1 Family Relationships			
324–27	<p>16.1.1 Explain the meaning of social health.</p> <p>16.1.2 Explain ways that family influences the health of individuals. BWS Relationships (explain)</p> <p>16.1.3 Describe skills for communicating effectively with family to enhance health.</p> <p>16.1.4 Analyze the qualities of healthy family relationships.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Health and Media: <i>Managing Screen Time</i> • Section 16.1 Review Answers <p>BJU Press Trove*</p> <ul style="list-style-type: none"> • Video: <i>Social Health</i> • PPT Pres.: Section 16.1 <p>Materials</p> <ul style="list-style-type: none"> • Personal Health Journals 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 16.1 Review
Section 16.2 Peer Relationships			
328–30	<p>16.2.1 Describe skills for communicating effectively with peers to enhance health.</p> <p>16.2.2 Explain how to influence and support others in making positive choices.</p> <p>16.2.3 Describe ways to help a friend exhibiting signs of depression, anxiety, an eating disorder, or other self-harming behavior. BWS Relationships (apply)</p> <p>16.2.4 Evaluate the qualities of healthy peer relationships.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Section 16.2 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>How to Listen</i> • Link: <i>Boundaries in Friendships</i> • Link: <i>How to Be a Good Friend</i> • PPT Pres.: Section 16.2 <p>Materials</p> <ul style="list-style-type: none"> • Personal Health Journals 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 16.2 Review
Section 16.3 Preventing Violence and Abuse			
331–35	<p>16.3.1 Define terms associated with violence, abuse, and bullying.</p> <p>16.3.2 Describe strategies to reduce and prevent violence.</p> <p>16.3.3 Summarize available resources to help someone in abusive or violent situations.</p> <p>16.3.4 Evaluate the appropriate use of self-defense. BWS Discernment (formulate)</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Healthy Life Skills: <i>Preventing Cyberbullying</i> • Global Health on Mission: <i>Human Trafficking</i> • Healthy Life Skills: <i>Active Shooter Situations</i> • Section 16.3 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Video: <i>Human Trafficking Prevention</i> • Link: <i>What Is Bullying?</i> • Link: <i>Strategies to Prevent Violence</i> • Link: <i>How Teens Can Prevent Violence</i> • PPT Pres.: Section 16.3 <p>Materials</p> <ul style="list-style-type: none"> • Personal Health Journals 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 16.3 Review

*Digital resources for homeschool users are available on Homeschool Hub.

Pages	Objectives	Resources	Assessments
Section 16.4 Media and Technology			
336–39	<p>16.4.1 Describe the risks of sharing personal information through electronic media.</p> <p>16.4.2 Explain how technology influences health.</p> <p>16.4.3 Evaluate the health messages delivered through media and technology. BWS Discernment (evaluate)</p> <p>16.4.4 Create a personal health profile, using appropriate technology resources to analyze stress management, fitness level, and nutrition.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Hands-On Health: <i>Your Personal Health Profile</i> • Section 16.4 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>Oversharing on Social Media</i> • Link: <i>3D Printed Skin</i> • Link: <i>How Technology Benefits Health</i> • Link: <i>How to Create a Health Profile</i> • Link: <i>Creating a Personal Health Record</i> • PPT Pres.: Section 16.4 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 16.4 Review
Chapter 16 Review			
340–41	<p>Describe how family and peers influence a person's health.</p> <p>Describe ways to communicate with family and peers to promote health and wellness.</p> <p>Evaluate the qualities of healthy family and peer relationships.</p> <p>Develop a list of resources that family and peers can consult to improve their health and safety.</p> <p>Create a personal health plan that limits the harmful effects of technology.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Chapter 16 Review Answers 	<p>Student Edition</p> <ul style="list-style-type: none"> • Chapter 16 Review
Chapter 16 Test			
	<p>Demonstrate knowledge of concepts from Chapter 16 by taking the test.</p>		<p>Assessments</p> <ul style="list-style-type: none"> • Chapter 16 Test <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Chapter 16 Test Bank

Chapter 17: Environmental Health

PPT Pres. PowerPoint Presentation

Pages	Objectives	Resources	Assessments
Section 17.1 Air Quality			
344–46	<p>17.1.1 Describe the impact of air and noise pollution on personal and community health. BWS Relationships (explain)</p> <p>17.1.2 Propose strategies for combating environmental factors that detrimentally affect the health of a community.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Section 17.1 Review Answers <p>BJU Press Trove*</p> <ul style="list-style-type: none"> • Video: <i>Environmental Health</i> • Link: <i>Air Pollution Basics</i> • Link: <i>Real-World Noise Pollution</i> • Link: <i>Light Pollution</i> • Link: <i>Effects of Light Pollution on Stargazing</i> • PPT Pres.: Section 17.1 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 17.1 Review
Section 17.2 Land and Water Quality			
347–49	<p>17.2.1 Describe the impact of land and water pollution on personal and community health.</p> <p>17.2.2 Propose strategies to minimize the detrimental effects of land and water pollution on the health of a community.</p> <p>17.2.3 Formulate a position on fracking. BWS Ethics (formulate)</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Global Health on Mission: <i>Clean Water</i> • Health and Ethics: <i>Fracking</i> • Appendix: <i>Ethics Writing Rubric</i> • Section 17.2 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Video: <i>Clean Water</i> • Link: <i>Pollution</i> • Link: <i>Land Pollution Facts</i> • Link: <i>Water Pollution Facts</i> • Link: <i>Pollution and Health</i> • Link: <i>Pollution Slideshow</i> • Additional Resource: <i>Ethics Writing Rubric</i> • PPT Pres.: Section 17.2 <p>Materials</p> <ul style="list-style-type: none"> • Wall signs: air, land, water 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 17.2 Review

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Pages	Objectives	Resources	Assessments
Section 17.3 Natural Disasters			
350–54	<p>17.3.1 Describe life-threatening situations that may result from natural disasters.</p> <p>17.3.2 Describe ways to stay safe during natural disasters.</p> <p>17.3.3 Summarize community resources for emergency preparedness.</p> <p>17.3.4 Propose emergency preparedness plans for the home, school, and community.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Healthy Life Skills: <i>Action Plan Preparation for a Natural Disaster</i> • Section 17.3 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Link: <i>Types of Natural Disasters</i> • Link: <i>Natural Disasters</i> • Link: <i>Disaster Hazards</i> • Link: <i>Watch versus Warning</i> • PPT Pres.: Section 17.3 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 17.3 Review
Section 17.4 Stewardship			
355–57	<p>17.4.1 Describe stewardship. BWS Relationships (explain)</p> <p>17.4.2 Describe examples of being a good steward of the earth.</p> <p>17.4.3 Compare biblical and secular views of conservation. BWS Relationships (evaluate)</p> <p>17.4.4 Create a poster on stewardship with the Bible as your reference. BWS Relationships (apply)</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Health Careers: <i>Environmental Engineer</i> • Hands-On Health: <i>Biblical Stewardship Poster</i> • Section 17.4 Review Answers <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Video: <i>Environmental Engineer</i> • PPT Pres.: Section 17.4 <p>Materials</p> <ul style="list-style-type: none"> • Current events links from students 	<p>Student Edition</p> <ul style="list-style-type: none"> • Section 17.4 Review
Chapter 17 Review			
358–59	<p>Describe the impact of pollution on health.</p> <p>Propose strategies to reduce the impact of pollution on health.</p> <p>Propose plans for natural disasters.</p> <p>Formulate a plan to exercise stewardship over the resources God has given humans.</p>	<p>Teacher Edition</p> <ul style="list-style-type: none"> • Chapter 17 Review Answers 	<p>Student Edition</p> <ul style="list-style-type: none"> • Chapter 17 Review
Chapter 17 Test			
	<p>Demonstrate knowledge of concepts from Chapter 17 by taking the test.</p>		<p>Assessments</p> <ul style="list-style-type: none"> • Chapter 17 Test <p>BJU Press Trove</p> <ul style="list-style-type: none"> • Chapter 17 Test Bank